

KID-FIT

VIRTUAL  STUDIO

Zoom Live Stream Classes

Mon.

Tues.

Wed.

Thurs.

Fri.

AM

11:00-11:30

10:00-10:30

10:30-11:00

11:30-12:00

PM

3:30-4:00

NOTE: Classes are in PST. Please login to class 10 minutes early to make sure everyone is ready to begin by the designated start time. If you need technical help we will assist you. Your KID-FIT Instructor will not be able to let anyone in after class begins.